



TOTAL per year:												
		10										
Educational objectives (max. 6 items)												
C1. Introduction to the influence of nutrition on the development of noncommunicable diseases												
C2. Global health problematics in the view of nutrition (malnutrition, obesity, hipovitaminosis)												
C3. Introduction to international nutritional programs												
Education result matrix for module/course in relation to verification methods of the intended education result and the type of class												
Number of course education result	Number of major education result	Student who completes the module/course knows/is able to	Methods of verification of intended education results (forming and summarising)	Form of didactic class <i>**enter the abbreviation</i>								
K 01	G. W 3.	Student knows the epidemiology of chosen noncommunicable diseases	Discussion	SE								
K 02	C. W 13.	Student defines health, health promotion, prophylaxis, health behaviors, lifestyle and can indicate their theoretical basics	Discussion	SE								
K 03	C. W 29.	Student knows the rules of prophylaxis and nutritional treatment and possible complications of diet therapy	Discussion	SE								
K 04	B. W 19.	Student knows the consequences of improper diet, including prolonged starving, intake of excessive meals and unbalanced diet	Discussion	SE								
K 05	C. W 16.	Student knows international nutritional programs	Discussion	SE								
K 06	B. W 20.	Student knows the consequences of deficiency of vitamins and minerals and their excessive intake	Discussion	SE								
S 01	G. U 2.	Student is able to gather information of risk factors of communicable and chronic diseases and can plan prophylactic actions	Discussion	SE								
S 02	C. U 46.	Student is able to gather information of risk factors of communicable and chronic diseases and can plan prophylactic actions on different levels	Discussion	SE								
S 03	D. U 30.	Student is able to assess nutritional status of the patient	Discussion	SE								
S 04	D. U 27.	Student explains the role of balanced nutrition in prophylaxis of noncommunicable diseases	Discussion	SE								



S 05	D. U 25.	Student justifies the role and action of nutrients in the state of health and illness	Discussion	SE
S 06	C. U 20.	Student is able to conduct nutritional counselling in children and adults in the state of health and illness	Discussion	SE
<p>** L - lecture; SE - seminar; AC – auditorium classes; MC – major classes (non-clinical); CC – clinical classes; LC – laboratory classes; SCM – specialist classes (master studies); CSC – classes in simulated conditions; FLC – foreign language course; PCP practical classes with patient; PE – physical education (obligatory); VP – vocational practice; SS – self-study, EL – E-learning .</p> <p>Please mark on scale 1-5 how the above effects place your classes in the following categories: communication of knowledge, skills or forming attitudes: Knowledge: 5 Skills: 3</p>				
Student's amount of work (balance of ECTS points)				
Student's workload (class participation, activity, preparation, etc.)			Student Workload (h)	
1. Contact hours:			10	
2. Student's own work (self-study):			3	
Total student's workload			13	
ECTS points for module/course			0,5	
Comments				
Content of classes (please enter topic words of specific classes divided into their didactic form and remember how it is translated to intended educational effects)				
Lectures				
1.				
2.				
3.				
Seminars				
1. Nutritional origin of chronic noncommunicable diseases				
2. Global health problematics in the view of nutrition (malnutrition, obesity, hipovitaminosis)				
3. Modifiable risk factors in prevention of noncommunicable diseases				
4. International nutritional programs				
Classes				
1.				
2.				
3.				
Other				
1.				
2.				
3.				
etc.				
Basic literature (list according to importance, no more than 3 items)				
1. Mahan L. „Krause’s Food and Nutrition Therapy” Saunders Elsevier, 2008				
2. Nancy Peckenpaugh “Nutrition Essentials and Diet Therapy” Elsevier 2010				
Additional literature and other materials (no more than 3 items)				
1. Gillam S. et al. „Essential Public Health theory and practice” Cambridge University Press 2007				
Didactic resources requirements (e.g. laboratory, multimedia projector, other...)				
Laptop, projector				
Preliminary conditions (minimum requirements to be met by the student before starting the module/course)				



Basics of physiology and public health	
Conditions to receive credit for the course (specify the form and conditions of receiving credit for classes included in the module/course, admission terms to final theoretical or practical examination, its form and requirements to be met by the student to pass it and criteria for specific grades):	
Presence and active attendance in the classes, preparation of presentation on chosen topic	
Grade:	Criteria (only for courses/modules ending with an examination)
Very Good (5.0)	Not applicable
Above Good (4.5)	
Good (4.0)	
Sufficiently Good (3.5)	
Sufficient (3.0)	

Name and address of module/course teaching unit, contact: telephone and e-mail address

Katedra i Zakład Medycyny Społecznej ul. O. Bujwida 44, 50-345 Wrocław tel 71 3282145 e-mail. Agnieszka.cieslak@umed.wroc.pl

Coordinator / Person responsible for module/course, contact: telephone and e-mail address

dr hab. n. med. Katarzyna Zatońska tel. 71 328 21 43, e-mail: katarzyna.zatonska@umed.wroc.pl

List of persons conducting specific classes: full name, degree/scientific or professional title, discipline, performed profession, form of classes.

mgr Alicja Basiak, PhD studies, dietician

Forma prowadzenia zajęć: seminaria

Date of Syllabus development

01.06.2017

Syllabus developed by

dr hab. n. med. Katarzyna Zatońska
mgr Alicja Basiak

Signature of Head of teaching unit

[Handwritten signature]

Signature of Faculty Dean

Wrocław Medical University
FACULTY OF MEDICINE
VICE-DEAN FOR INTERNATIONAL ENGLISH
[Handwritten signature]
Prof. Andrzej Hendrich, PhD