







<b>W05</b>	<b>E.W.2</b>	hypertension diseases  describe methods of physical examination, the significance of additional tests in the preventive medicine		
<b>U 01</b>	E.U.1	takes history in adults patient with hypertension	oral exam/ discussion	SE
<b>U 02</b>	E.U.12	makes differential diagnosis in hypertension in children and adults		
<b>U 03</b>	E.U.16	plan to conduct diagnosis, therapy and prevention in patient with hypertension		
<b>U 04</b>	E.U.42	Student interpretes lab test interpretation		
<b>U 05</b>	E.U.32	make a plan of specialist consultation		
<p>** L - lecture; SE - seminar; AC – auditorium classes; MC – major classes (non-clinical); CC – clinical classes; LC – laboratory classes; SCM – specialist classes (magister studies); CSC – classes in simulated conditions; FLC – foreign language course; PCP practical classes with patient; PE – physical education (obligatory); VP – vocational practice; SS – self-study, EL – E-learning .</p>				
<p>Please mark on scale 1-5 how the above effects place your classes in the following categories: communication of knowledge, skills or forming attitudes: Knowledge:5 Skills: 2....</p>				
<p>Student's amount of work (balance of ECTS points)</p>				
Student's workload (class participation, activity, preparation, etc.)			Student Workload (h)	
1. Contact hours:			30	
2. Student's own work (self-study):			9	
Total student's workload			39	
ECTS points for module/course			1,5	
Comments				
<p>Content of classes (please enter topic words of specific classes divided into their didactic form and remember how it is translated to intended educational effects)</p>				

Lectures	
1.	
Seminars	
1. The aging process- physiology, the causes of aging. The problems of ageism.	
2. The methods of prevention of dementia development. The prevention of brain aging.	
3. The methods of health estimation and health risk.	
4 The sleep disturbances in old age. Sleep hygiene.	
6.The supplementation of hormones, vitamins and microelements.	
7. The sense of physical activity in premature aging.	
8 The sexual health and longevity.	
9. Biotechnology in preventive and anti-aging medicine.	
Practical classes	
N/A	
Other	
N/A	
Basic literature (list according to importance, no more than 3 items)	
Harrison's Principles of Internal Medicine: 19th Edition – 2015	
Additional literature and other materials (no more than 3 items)	
Endocrinology Degroot L J Jameson JL	
Didactic resources requirements (e.g. laboratory, multimedia projector, other...)	
Multimedia projector, computer	
Preliminary conditions (minimum requirements to be met by the student before starting the module/course)	
Basic knowledge of internal diseases	
Conditions to receive credit for the course (specify the form and conditions of receiving credit for classes included in the module/course, admission terms to final theoretical or practical examination, its form and requirements to be met by the student to pass it and criteria for specific grades)	
Attendance, oral exam	
<b>Grade:</b>	<b>Criteria</b> (only for courses/modules ending with an examination)
Very Good (5.0)	
Good Plus (4.5)	



Good (4.0)	
Satisfactory Plus (3.5)	
Satisfactory (3.0)	

**Name and address of module/course teaching unit, contact: telephone and e-mail address**

.Department of Internal Medicine, Occupational Diseases , Hypertension and Clinical Oncology  
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**Coordinator / Person responsible for module/course, contact: telephone and e-mail address**

...dr n med Anna Jodkowska , 71-7364051, [anna.jodkowska@umed.wroc.pl](mailto:anna.jodkowska@umed.wroc.pl)

**List of persons conducting specific classes: full name, degree/scientific or professional title, discipline, performed profession, form of classes.**

Katarzyna Beszłej, MD, seminar

dr n med Adrian Doroszko, MD, PhD, seminar

dr n med Helena Martynowicz MD, PhD, internal diseases, hypertensiology , seminar

lek. Diana Frontkiewicz MD, seminar

lek. Maciej Podgórski MD, internal diseases , cardiology, seminar

lek Katarzyna Kożuch-Sajdak MD, seminar

dr n med Anna Jodkowska MD, PhD, internal diseases, endocrinology, seminar

**Date of Syllabus development**

.....04.08.2017..

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adiunkt dydaktyczny  
dr n med Anna Jodkowska  
dr n. med. Anna Jodkowska

**Signature of Head of teaching unit**

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Kierownik

Prof. dr hab. Grzegorz Mazur

**Signature of Faculty Dean**

Wrocław Medical University  
FACULTY OF MEDICINE  
VICE-DEAN FOR STUDIES IN ENGLISH  
Prof. Andrzej Hendrich, PhD