

**Syllabus 2020/2021**

**Description of the course**

|   |  |                 |   |   |                       |                         |                                       |                                      |   |                               |                                    |                          |                                 |                 |
|---|--|-----------------|---|---|-----------------------|-------------------------|---------------------------------------|--------------------------------------|---|-------------------------------|------------------------------------|--------------------------|---------------------------------|-----------------|
| <b>Module/Course</b>                      | PSYCHIATRY   |                 | <b>Group of detailed education results</b>  |   |                       |                         |                                       |                                      |   |                               |                                    |                          |                                 |                 |
|   |  |                 | <b>Group code</b><br>E                      | <b>Group name</b><br>Behavioral and Social Science with elements of professionalism<br>Clinical sciences<br>nonsurgical |                       |                         |                                       |                                      |   |                               |                                    |                          |                                 |                 |
| <b>Faculty</b>                            | Medicine   |                 |   |   |                       |                         |                                       |                                      |   |                               |                                    |                          |                                 |                 |
| <b>Major</b>                              | medicine   |                 |   |   |                       |                         |                                       |                                      |   |                               |                                    |                          |                                 |                 |
| <b>Specialties</b>                        | Not applicable   |                 |   |   |                       |                         |                                       |                                      |   |                               |                                    |                          |                                 |                 |
| <b>Level of studies</b>                   | Uniform magister studies X *<br>1 <sup>st</sup> degree studies <input type="checkbox"/><br>2 <sup>nd</sup> degree studies <input type="checkbox"/><br>3 <sup>rd</sup> degree studies <input type="checkbox"/><br>postgraduate studies <input type="checkbox"/> |                 |   |   |                       |                         |                                       |                                      |   |                               |                                    |                          |                                 |                 |
| <b>Form of studies</b>                    | X full-time <input checked="" type="checkbox"/> part-time  |                 |   |   |                       |                         |                                       |                                      |   |                               |                                    |                          |                                 |                 |
| <b>Year of studies</b>                    | V  | <b>Semester</b> | <input type="checkbox"/> Winter<br>X Summer |   |                       |                         |                                       |                                      |   |                               |                                    |                          |                                 |                 |
| <b>Type of course</b>                     | X obligatory<br><input type="checkbox"/> limited choice<br><input type="checkbox"/> free choice / elective   |                 |   |   |                       |                         |                                       |                                      |   |                               |                                    |                          |                                 |                 |
| <b>Course</b>                             | X major <input type="checkbox"/> basic   |                 |   |   |                       |                         |                                       |                                      |   |                               |                                    |                          |                                 |                 |
| <b>Language of instruction</b>            | <input type="checkbox"/> Polish X English <input type="checkbox"/> other   |                 |   |   |                       |                         |                                       |                                      |   |                               |                                    |                          |                                 |                 |
| * mark <input type="checkbox"/> with an X |  |                 |   |   |                       |                         |                                       |                                      |   |                               |                                    |                          |                                 |                 |
| <b>Number of hours</b>                    |  |                 |   |   |                       |                         |                                       |                                      |   |                               |                                    |                          |                                 |                 |
| <b>Form of education</b>                  |  |                 |   |   |                       |                         |                                       |                                      |   |                               |                                    |                          |                                 |                 |
| <b>Unit teaching the course</b>           | Lectures (L)   | Seminars (SE)   | Auditorium classes (AC)                     | Major Classes – not clinical (MC)   | Clinical Classes (CC) | Laboratory Classes (LC) | Classes in Simulated Conditions (CSC) | Practical Classes with Patient (PCP) | Specialist Classes – magister studies (SCM) | Foreign language Course (FLC) | Physical Education obligatory (PE) | Vocational Practice (VP) | Self-Study (Student's own work) | E-learning (EL) |
| <b>Winter Semester</b>                    |  |                 |   |   |                       |                         |                                       |                                      |   |                               |                                    |                          |                                 |                 |
|   |  |                 |   |   |                       |                         |                                       |                                      |   |                               |                                    |                          |                                 |                 |
| <b>Summer Semester</b>                    |  |                 |   |   |                       |                         |                                       |                                      |   |                               |                                    |                          |                                 |                 |

|  | 18                               | 8  | 34  |   |  |  |  |  |  |                             |  |  |  |
|--|----------------------------------|--|---|---|--|--|--|--|--|-----------------------------|--|--|--|
| <b>TOTAL per year:</b>   |                                  |  |   |   |  |  |  |  |  |                             |  |  |  |
|  | 18                               | 8  | 34  |   |  |  |  |  |  |                             |  |  |  |
| <b>Educational objectives (max. 6 items)</b><br>C1. The ability to establish an empathic contact with the patient.<br>C2. The ability to interview patient and assess the patient's mental condition in order to be able to make decision for further detailed diagnosis and to assess the urgency of treatment.   |                                  |  |   |   |  |  |  |  |  |                             |  |  |  |
| <b>Education result matrix for module/course in relation to verification methods of the intended education result and the type of class</b>  |                                  |  |   |   |  |  |  |  |  |                             |  |  |  |
| Number of course education result  | Number of major education result | Student who completes the module/course knows/is able to   | Methods of verification of intended education results (forming and summarizing) | Form of didactic class<br><i>**enter the abbreviation</i> |  |  |  |  |  |                             |  |  |  |
| <b>K 01</b>  | <b>E. W15</b>                    | Student knows the basic concepts of the pathogenesis of mental disorders.                        | Oral answer   | AC, CC, L   |  |  |  |  |  |                             |  |  |  |
| <b>K 02</b>  | <b>E. W16</b>                    | Student knows the general psychiatric symptomatology and the basic principles of classification. | Oral answer   | AC, CC, L   |  |  |  |  |  |                             |  |  |  |
| <b>K 03</b>  | <b>E. W17</b>                    | Student knows the symptoms, principles of diagnosis and treatments of common mental disorders    | Oral answer   | AC, CC, L   |  |  |  |  |  |                             |  |  |  |
| <b>S 01</b>  | <b>E. U5</b>                     | Student carries out mental health examination  | Observation   | CC  |  |  |  |  |  |                             |  |  |  |
| <b>** L - lecture; SE - seminar; AC – auditorium classes; MC – major classes (non-clinical); CC – clinical classes; LC – laboratory classes; SCM – specialist classes (magister studies); CSC – classes in simulated conditions; FLC – foreign language course; PCP practical classes with patient; PE – physical education (obligatory); VP – vocational practice; SS – self-study, EL – E-learning .</b> |                                  |  |   |   |  |  |  |  |  |                             |  |  |  |
| Please mark on scale 1-5 how the above effects place your classes in the following categories:<br>communication of knowledge, skills or forming attitudes:<br>Knowledge: 4<br>Skills: 4  |                                  |  |   |   |  |  |  |  |  |                             |  |  |  |
| <b>Student's amount of work (balance of ECTS points)</b>   |                                  |  |   |   |  |  |  |  |  |                             |  |  |  |
| <b>Student's workload</b><br>(class participation, activity, preparation, etc.)  |                                  |  |   |   |  |  |  |  |  | <b>Student Workload (h)</b> |  |  |  |
| 1. Contact hours:  |                                  |  |   |   |  |  |  |  |  | 60                          |  |  |  |
| 2. Student's own work (self-study):  |                                  |  |   |   |  |  |  |  |  | 20                          |  |  |  |
| Total student's workload   |                                  |  |   |   |  |  |  |  |  | 80                          |  |  |  |
| <b>ECTS points for module/course</b>   |                                  |  |   |   |  |  |  |  |  | 2,5                         |  |  |  |
| Comments   |                                  |  |   |   |  |  |  |  |  |                             |  |  |  |
| <b>Content of classes</b> (please enter topic words of specific classes divided into their didactic form and remember how it is  |                                  |  |   |   |  |  |  |  |  |                             |  |  |  |

translated to intended educational effects)

### Lectures

1. Introduction to psychiatry. History of psychiatry (2 didactic hours).
2. Mental status examination and psychiatric interview (3 didactic hours).
3. Stress impact on the mental and physical health (2 didactic hours).
4. Organic mental disorders. (2 didactic hours).
5. Alcohol and other psychoactive substances dependence- diagnosis and therapy (2 didactic hours).
6. Mood disorders (2 didactic hours).
7. Anxiety disorders (2 didactic hours).
8. Emergency psychiatry (3 didactic hours).

### Seminars

N/A

### Practical classes

1. Symptomatology of mental disorders. Using questionnaires and scales to assess patient's mental state. Mental status examination and psychiatric interview. Criteria of normality and psychiatric abnormality. Basic concepts of psychiatric diagnosis (12 didactic hours).
2. Mental status examination and psychiatric interview. Experience of encounter with a mentally ill person. Classification of mental disorders based on case study. Conducting psychiatric examination with a patient (12 didactic hours).
3. Classification of mental disorders based on case study. Psychiatric examination and various aspects of the relationship. Legal and deontological basis of the psychiatric intervention. Doctor as confidant and doctor as official. Psychiatric examination with regard to legal aspects (6 didactic hours.)
4. Psychological assessment and personality defense mechanisms. Psychiatric examination with an analysis of the observed defense mechanisms (4 didactic hours).

### Other

#### Auditory Classes

1. Communicating and relationship with patient (2 didactic hours).
2. Mental status examination and psychiatric interview (2 didactic hours).
3. Basic psychopathology (2 didactic hours.)
4. Classification of mental disorders (2 didactic hours).

#### Basic literature (list according to importance, no more than 3 items)

1. Kaplan and Sadock's Concise Textbook of Clinical Psychiatry, Publisher: Lippincott Williams & Wilkins; 4th Edition (2017)
2. Puri B., Treasaden I. Textbook of psychiatry, Publisher: Elsevier; 3rd Edition (2011)
3. Case Files Psychiatry, Publisher: McGraw-Hill Medical; 5th Edition (20017)

#### Additional literature and other materials (no more than 3 items)

1. Psychiatry PreTest Self-Assessment & Review, (PreTest Clinical Medicine) Publisher: McGraw-Hill Medical; 14th Edition (2016)
2. Kaplan and Sadock's Study Guide and Self-Examination Review in Psychiatry, Publisher: Lippincott Williams & Wilkins; 9th Edition (2011)
3. Shorter Oxford Textbook of Psychiatry, Publisher: Oxford University Press; 7th Edition (2017)

#### Didactic resources requirements (e.g. laboratory, multimedia projector, other...)

##### Multimedia projector

**Preliminary conditions** (minimum requirements to be met by the student before starting the module/course)

Physical examination skills

**Conditions to receive credit for the course** (specify the form, criteria and conditions of receiving credit)

for classes included in the module/course, admission terms to final theoretical or practical examination, its form and requirements to be met by the student to pass it and criteria for specific grades).

**Each absence must be made up, including rector's days or dean's hours.**

In case it is not possible to join other didactic group, student should prepare a presentation or write an essay on the topic chosen by teacher.

Student receives credit after completion of the psychiatry course. The credit (with grade) is received on the basis of the knowledge presented by student during the course (oral colloquium).

Oral colloquium includes topics of symptomatology of mental disorders, psychiatric examination and classification of mental disorders. It is the precondition for starting the psychiatry course at the VI th year.

| <b>Grade:</b>           | <b>Criteria for course</b>   |
|-------------------------|--|
| Very Good (5.0)         | Excellent knowledge of general psychiatric symptomatology and skills to assess the patient's mental condition and interpret of psychiatric symptomatology.                                       |
| Good Plus (4.5)         | Knowledge and skills as above, not very important shortages.   |
| Good (4.0)              | Good knowledge of general psychiatric symptomatology and skills to assess the patient's mental condition; correct interpretation of psychiatric symptomatology                                   |
| Satisfactory Plus (3.5) | Basic knowledge of general psychiatric symptomatology and fair skills to assess the patient's mental condition.  |
| Satisfactory (3.0)      | Very basic knowledge of general psychiatric symptomatology and sufficient skills to assess the patient's mental condition; interpretation of psychiatric symptomatology without serious mistakes |
|                         |  |
| <b>Grade:</b>           | <b>Criteria for exam - NOT applicable</b>  |
| Very Good (5.0)         |  |
| Good Plus (4.5)         |  |
| Good (4.0)              |  |
| Satisfactory Plus (3.5) |  |
| Satisfactory (3.0)      |  |

|                                      |  |
|--------------------------------------|--|
| <b>Name of unit teaching course:</b> | Department of Psychiatry Medical University of Wrocław |
| Address                              | 50-367 Wrocław, 10 Pasteura Str.                       |
| Phone                                | 71 784 16 00, 71 784 16 09                             |
| E-mail                               | Józef Zajac, e-mail: jozef.zajac@umed.wroc.pl          |

|                                       |                                       |
|---------------------------------------|---------------------------------------|
| <b>Person responsible for course:</b> | Professor Joanna Rymaszewska, MD, PhD |
| Phone                                 | 71 784 16 00                          |
| E-mail                                | joanna.rymaszewska@umed.wroc.pl       |

| <i>List of persons conducting specific classes:</i> | <i>degree/scientific or professional title</i> | <i>Discipline</i>   | <i>Performer profession</i> | <i>Form of classes</i>              |
|---|--|---|-----------------------------|-------------------------------------|
| <b>Leszek Jerzy</b>                                 | Professor, MD., PhD.                           | Clinical Psychiatry                                       | Teacher                     | classes                             |
| <b>Hadryś Tomasz</b>                                | MD., PhD.                                      | Clinical Psychiatry                                       | Teacher                     | Classes, auditory classes           |
| <b>Kantorska-Janiec Monika</b>                      | MD., PhD                                       | Clinical Psychiatry                                       | Teacher                     | Classes, auditory classes, lectures |
| <b>Szewczuk-Bogusławska Monika</b>                  | MD., PhD                                       | Clinical Psychiatry, Childhood and Adolescent Psychiatry, | Teacher                     | classes                             |
| <b>Trypka Elzbieta</b>                              | MD., PhD                                       | Clinical Psychiatry                                       | Teacher                     | Classes, auditory classes. lectures |
| <b>Jakubczyk Marta</b>                              | MD., PhD                                       | Clinical Psychiatry                                       | Teacher                     | classes                             |
| <b>Pałęga Anna</b>                                  | MA., PhD                                       | Psychology  | Teacher                     | classes                             |
| <b>Krefft Maja</b>                                  | MD   | Clinical Psychiatry                                       | Resident, PhD student       | classes                             |
| <b>Siwicki Damian</b>                               | MD   | Clinical Psychiatry                                       | Resident, PhD student       | classes                             |
| <b>Stramecki Filip</b>                              | MD   | Clinical Psychiatry                                       | Resident, PhD student       | classes                             |
| <b>Wieczorek Tomasz</b>                             | MD   | Clinical Psychiatry                                       | Resident, PhD student       | classes                             |
| <b>Lenart Marta</b>                                 | MA   | Psychology  | Teacher                     | classes                             |

Date of Syllabus development

Syllabus developed by

30.06.2020

Dr Monika Kantorska-Janiec

Signature of Faculty Dean

prof. Beata Górska, PhD

Signature of Head of teaching unit

prof. dr hab. Joanna Rymaszewska

