



Syllabus 2020/2021														
Description of the course														
Module/Course	Medical Psychology with elements of interpersonal communication							Group of detailed education results						
								Group code	Group name					
								D	Behavioral and Social Sciences					
Faculty	Medicine													
Major	medicine													
Specialties	Not applicable													
Level of studies	Uniform magister studies <input checked="" type="checkbox"/> * 1 st degree studies <input type="checkbox"/> 2 nd degree studies <input type="checkbox"/> 3 rd degree studies <input type="checkbox"/> postgraduate studies <input type="checkbox"/>													
Form of studies	<input checked="" type="checkbox"/> full-time <input type="checkbox"/> part-time													
Year of studies	III						Semester	<input checked="" type="checkbox"/> Winter <input type="checkbox"/> Summer						
Type of course	<input checked="" type="checkbox"/> obligatory <input type="checkbox"/> limited choice <input type="checkbox"/> free choice / elective													
Course	<input type="checkbox"/> major <input checked="" type="checkbox"/> basic													
Language of instruction	<input type="checkbox"/> Polish <input checked="" type="checkbox"/> English <input type="checkbox"/> other													
* mark <input type="checkbox"/> with an X														
Number of hours														
Form of education														
Unit teaching the course	Lectures (L)	Seminars (SE)	Auditorium classes (AC)	Major Classes – not clinical (MC)	Clinical Classes (CC)	Laboratory Classes (LC)	Classes in Simulated Conditions (CSC)	Practical Classes with Patient (PCP)	Specialist Classes – magister studies (SCM)	Foreign language Course (FLC)	Physical Education obligatory (PE)	Vocational Practice (VP)	Self-Study (Student's own work)	E-learning (EL)
Winter Semester														
Department of Humanistic Sciences in Medicine		30												
Summer Semester														
TOTAL per year:														



Department of Humanistic Sciences in Medicine	30													
Educational objectives (max. 6 items)														
C1. gaining vital knowledge about the relationship between somatic and psychic processes														
C2. building one's sensitivity to patients' needs														
C3. learning basic communication skills essential for doctors														
Education result matrix for module/course in relation to verification methods of the intended education result and the type of class														
Number of course education result	Number of major education result	Student who completes the module/course knows/is able to	Methods of verification of intended education results (forming and summarising)	Form of didactic class <i>**enter the abbreviation</i>										
W 01 K	D.W9.	student knows fundamental psychological mechanisms of patients' functioning both in illness and in well-being	oral response, group project, debate	SE										
W 02 K	D.W12.	student explains the role of stress in etiology of illnesses and recognizes methods of coping with stress	oral response	SE										
W 03 K	D.W15.	student describes methods to promote health behaviors in patients and breaking bad news	presentation, case study, discussion	SE										
W 04 K	D.W6.	student understands the role of verbal and non-verbal signals in the process of doctor-patient communication	presentation, rehearsal of skills	SE										
W 05 K	D.W7.	understands the characteristics of functioning of a person with chronic disease and the effects of hospitalization	presentation, case study	SE										
U 01 L	D.U1.	student takes into consideration patients' needs and subjective expectations (socio-cultural context)	group project, discussion	SE										
U 02 L	D.U4 .	student builds the atmosphere of trust in the whole treatment process	role-plays, practice and rehearsal of skills	SE										
U 03 L	D.U5.	student interviews children, adult patients, and their family members with the use of active listening technique and empathy	presentation, role-plays, practice and rehearsal of skills	SE										
U 04 L	D.U7.	student has the ability to involve the patient in the therapeutic process	presentation, role-plays, case study	SE										



U 05	D.U8.	Student delivers bad news in sensitive way	presentation, case study	SE
U 06	D.U9 .	student gives advice on adherence to therapeutic recommendations and healthy lifestyle	case study	SE
U 07	D.U11.	student uses basic psychological interventions to motivate and support their patient	case study	SE
<p>** L - lecture; SE - seminar; AC – auditorium classes; MC – major classes (non-clinical); CC – clinical classes; LC – laboratory classes; SCM – specialist classes (magister studies); CSC – classes in simulated conditions; FLC – foreign language course; PCP practical classes with patient; PE – physical education (obligatory); VP – vocational practice; SS – self-study, EL – E-learning .</p>				
<p>Please mark on scale 1-5 how the above effects place your classes in the following categories: communication of knowledge, skills or forming attitudes: Knowledge: 3 Skills: 4</p>				
<p>Student's amount of work (balance of ECTS points): 1,5</p>				
Student's workload (class participation, activity, preparation, etc.)			Student Workload (h)	
1. Contact hours:			30	
2. Student's own work (self-study):			15	
Total student's workload			45	
ECTS points for module/course			1,5	
Comments				
<p>Content of classes (please enter topic words of specific classes divided into their didactic form and remember how it is translated to intended educational effects)</p>				
<p>Lectures</p> <p>1.</p>				
<p>Seminars</p> <ol style="list-style-type: none"> 1. Holistic vs. biomedical health model 2. Emotions and action 3. Emotion- stress- illness. Psychoneuroimmunology 4. Illness representations 5. Calgary-Cambridge guide 6. Examining a patient: initiating the session 7. Gathering information 8. Building a relationship : facilitating patient" involvement 9. Giving results: explaining results in a way that patients can understand and remember 10. Planning treatment: shared decision making 11. Closing the interview, adherence to treatment 				



12. Breaking bad news: SPIKES protocol
13. Motivational interviewing
14. Communicating with challenging patients, attitude toward CAM
15. Assessment

Practical classes

1.

Other

1.

etc. ...

Basic literature (list according to importance, no more than 3 items)

1. Silverman J, Kurtz S, Draper J : Skills for Communicating with Patients, 3rd Edition, CRC Press, 2003
2. Cole S, Bird J.: The medical interview (third edition), Saunders, 2014.
3. Holmes E, Hughes DA, Morrison V L: Predicting adherence to medications using health psychology theories: a systematic review of 20 years of empirical research, *Value in Health*, 2014, 17(8), 863-876.

Additional literature and other materials (no more than 3 items)

1. Feldman Barrett L. "How emotions are made? The secret life of the brain", Macmillan, New York 2017.
2. Janowski K. Biopsychosocial aspects of health and disease. Lublin : Centrum Psychoedukacji i Pomocy Psychologicznej, 2009.

Didactic resources requirements (e.g. laboratory, multimedia projector, other...)

Multimedia projector, notebook

Preliminary conditions (minimum requirements to be met by the student before starting the module/course)

Completed a summer apprentice.

Conditions to receive credit for the course (specify the form, criteria and conditions of receiving credit for classes included in the module/course, admission terms to final theoretical or practical examination, its form and requirements to be met by the student to pass it and criteria for specific grades).

In order to get credit for the course it is required to prepare the group project and demonstrate active participation in the seminars. The assessment of the student's activity during the classes consists of: participation in discussions, participation in communication exercises, a written report. The final grade is the sum of grades from the project and the activity during the seminars, divided by 2. A positive grade will be given to the student by performing the above tasks in 50% (minimum). In case the minimum is not achieved, an oral or written final colloquium is required.

Absences of students and items not completed by students due to Rector's or Dean's hours must be made up in the form of an essay, report (oral or written) or presentation. The teacher indicates the form of crediting an absence.

Grade:	Criteria for course
Very Good (5.0)	Accomplishment of intended education results with inclusion of all crucial aspects [>90%]
Good Plus (4.5)	Accomplishment of intended education results with inclusion of all crucial aspects with minor errors or imprecisions [81-90%]
Good (4.0):	Accomplishment of intended education results with omission of some less important aspects [66-80%]



Satisfactory Plus (3.5)	Accomplishment of intended education results with omission of some important aspects or with material imprecisions [51-65%]
Satisfactory (3.0)	Accomplishment of intended education results with omission of some relevant aspects or with substantial imprecisions [50%]
Grade:	Criteria for exam (if applicable)
Very Good (5.0)	
Good Plus (4.5)	
Good (4.0)	
Satisfactory Plus (3.5)	
Satisfactory (3.0)	

Name of unit teaching course:	Department of Humanistic Sciences in Medicine
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Person responsible for course:	dr hab. Jarosław Barański
Phone	71 784 14 96
E-mail	jaroslaw.baranski@umed.wroc.pl

<i>List of persons conducting specific classes:</i>	<i>degree/scientific or professional title</i>	<i>Discipline</i>	<i>Performer profession</i>	<i>Form of classes</i>
Anna Dracz	M. A.	Psychology	psychologist	SE

Date of Syllabus development

29.05.2020r

Syllabus developed by

dr Agnieszka Olchowska-Kotala

dr Aleksandra Zarek

Signature of Faculty Dean

Wrocław Medical University
Faculty of Medicine
Vice-Dean for Clinical Studies

prof. Beata Sobieszka, PhD

Signature of Head of Teaching unit

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