





Department of Social Medicine		10												
Summer Semester														
Department of Social Medicine		10												
TOTAL per year:														
Department of Social Medicine		10												
Educational objectives (max. 6 items)														
C1. Discussing the problem of malnutrition: genesis, types of malnutrition, health consequences.														
C2. Familiarizing the student with the methods of diagnosis of nutritional disorders.														
C3. Discussing the metabolism of the fatty tissue.														
C4. Discussing a genesis, risk factors and health consequences of overweight and obesity.														
C5. Discussing strategies aimed at a prevention of nutritional disorders.														
Education result matrix for module/course in relation to verification methods of the intended education result and the type of class														
Number of course education result	Number of major education result	Student who completes the module/course knows/is able to			Methods of verification of intended education results (forming and summarising)	Form of didactic class <i>**enter the abbreviation</i>								
K 01	B. W19.	Student knows the consequences of improper diet, including prolonged starving, intake of excessive meals and unbalanced diet			test	SE								
K 02	B. W20.	Student knows the consequences of deficiency of vitamins and minerals and their excessive intake			test	SE								
K 03	C. W32.	Student knows modifiable and unmodifiable risk factors of nutritional disorders			test	SE								
K 04	E. W1.	The student knows the environmental and epidemiological factors contributing to nutritional disorders			test	SE								
K 05	E. W7.	The student knows and understands the causes, symptoms, diagnosing and treatment of obesity.			test	SE								
S 01	B. U 8.	The student interprets results of basic physiological variables: results of anthropometric measurements.			test	SE								
S 02	G. U2.	Student is able to gather information of risk factors of chronic diseases and can plan prophylactic actions			test	SE								



5 03	E. U16.	Student plans prophylactic strategy regarding decreasing the risk of nutritional disorders	test	SE
5 04	E. U25.	Student is able to introduce nutritional therapy in nutritional disorders	test	SE
<p>** L - lecture; SE - seminar; AC – auditorium classes; MC – major classes (non-clinical); CC – clinical classes; LC – laboratory classes; SCM – specialist classes (magister studies); CSC – classes in simulated conditions; FLC – foreign language course; PCP – practical classes with patient; PE – physical education (obligatory); VP – vocational practice; SS – self-study, EL – E-learning .</p>				
<p>Please mark on scale 1-5 how the above effects place your classes in the following categories: communication of knowledge, skills or forming attitudes: Knowledge: 5 Skills: 3</p>				
<p>Student's amount of work (balance of ECTS points)</p>				
Student's workload (class participation, activity, preparation, etc.)			Student Workload (h)	
1. Contact hours:			10	
2. Student's own work (self-study):			3	
Total student's workload			13	
ECTS points for module/course			0,5	
Comments				
Content of classes (please enter topic words of specific classes divided into their didactic form and remember how it is translated to intended educational effects)				
Lectures				
Seminars				
1. Prevalence of nutritional disorders in Poland and worldwide - 1h				
2. Diagnosis of nutritional disorders (anthropometric measurements, screening tests) - 1h				
3. Malnutrition: discussion of genesis, types of malnutrition, health consequences - 2h				
4. Metabolism of the fatty tissue - 2h				
5. Genesis, risk factors and health consequences of overweight and obesity - 2h				
6. Therapeutic and prophylactic strategies aimed at the prevention of nutritional disorders. 2H				
Practical classes				
Other				
Basic literature (list according to importance, no more than 3 items)				
1. Nancy Peckenpaugh „Nutrition Essentials and Diet Therapy” Urban&Partner 2012				
Additional literature and other materials (no more than 3 items)				
1. Mahan L. „Krause’s Food and Nutrition Therapy” Saunders Elsevier, 2008				
Didactic resources requirements (e.g. laboratory, multimedia projector, other...)				
Laptop, projector				
Preliminary conditions (minimum requirements to be met by the student before starting the module/course)				
No preliminary conditions required.				
Conditions to receive credit for the course (specify the form, criteria and conditions of receiving credit for classes included in the module/course, admission terms to final theoretical or practical examination, its form and requirements to be met by the student to pass it and criteria for specific grades).				



Presence and active attendance in the classes, passing the test at the end of the course. Each absence must be made up, including rector's days or dean's hours.

Grade:	Criteria for course
Very Good (5.0)	Scoring at least 80% of points on the test
Good Plus (4.5)	Scoring at least 75% of points on the test
Good (4.0)	Scoring at least 70% of points on the test
Satisfactory Plus (3.5)	Scoring at least 65% of points on the test
Satisfactory (3.0)	Scoring at least 60% of points on the test
Grade:	Criteria for exam (if applicable)
Very Good (5.0)	
Good Plus (4.5)	
Good (4.0)	
Satisfactory Plus (3.5)	
Satisfactory (3.0)	

Name of unit teaching course:	Katedra i Zakład Medycyny Społecznej
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Person responsible for course:	mgr Alicja Basiak-Rasała
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List of persons conducting specific classes:	degree/scientific or professional title	Discipline	Performer profession	Form of classes
Alicja Basiak-Rasała	MSc	Public health, dietetics	Assistant	SE

Date of Syllabus development

Syllabus developed by

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Alicja Basiak-Rasała, MSc



Signature of Head of teaching unit

*[Handwritten signature]*

Signature of Faculty Dean

*[Handwritten signature]*  
Wrocław Medical University  
FACULTY OF MEDICINE  
VICE DEAN FOR STUDIES IN ENGLISH

Prof. Andrzej Hendrich, PhD